

SECTION 8

FASD PREVENTION

Preventing alcohol use during pregnancy can positively impact parents, families, children, and communities. Because of the multi-generational nature of alcohol use, one change in service provision can multiply that impact many times over

ALCOHOL USE & PREGNANCY

- No alcohol use is safest during pregnancy
- It is estimated that 10% of women consume alcohol during pregnancy
- Addressing alcohol use will also require attending to intersecting social and structural considerations (e.g., access to support/healthcare, stigma, etc.)

Prevention

FASD prevention is incredibly complex and should use a holistic approach that addresses the numerous risk factors for drinking that are intertwined with the social determinants of health. Ten fundamental components have emerged as key approaches to FASD prevention from a women's health determinants perspective:

