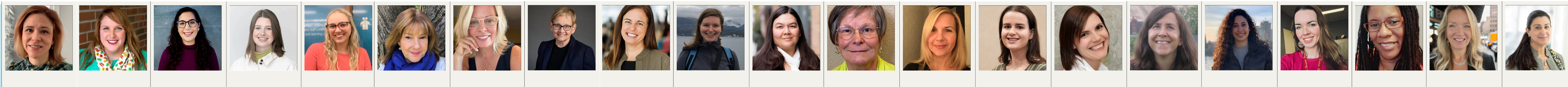


Nancy Poole and pNAT members
 1. Centre of Excellence for Women's Health
 2. Canada FASD Research Network



BACKGROUND

For over a decade researchers, service providers, health system planners, and women with lived experience have participated together in a national network designed to advance FASD research, programming and policy across Canada.

The Network is led by researchers at the Centre of Excellence for Women's Health with funding from the CanFASD Research Network.

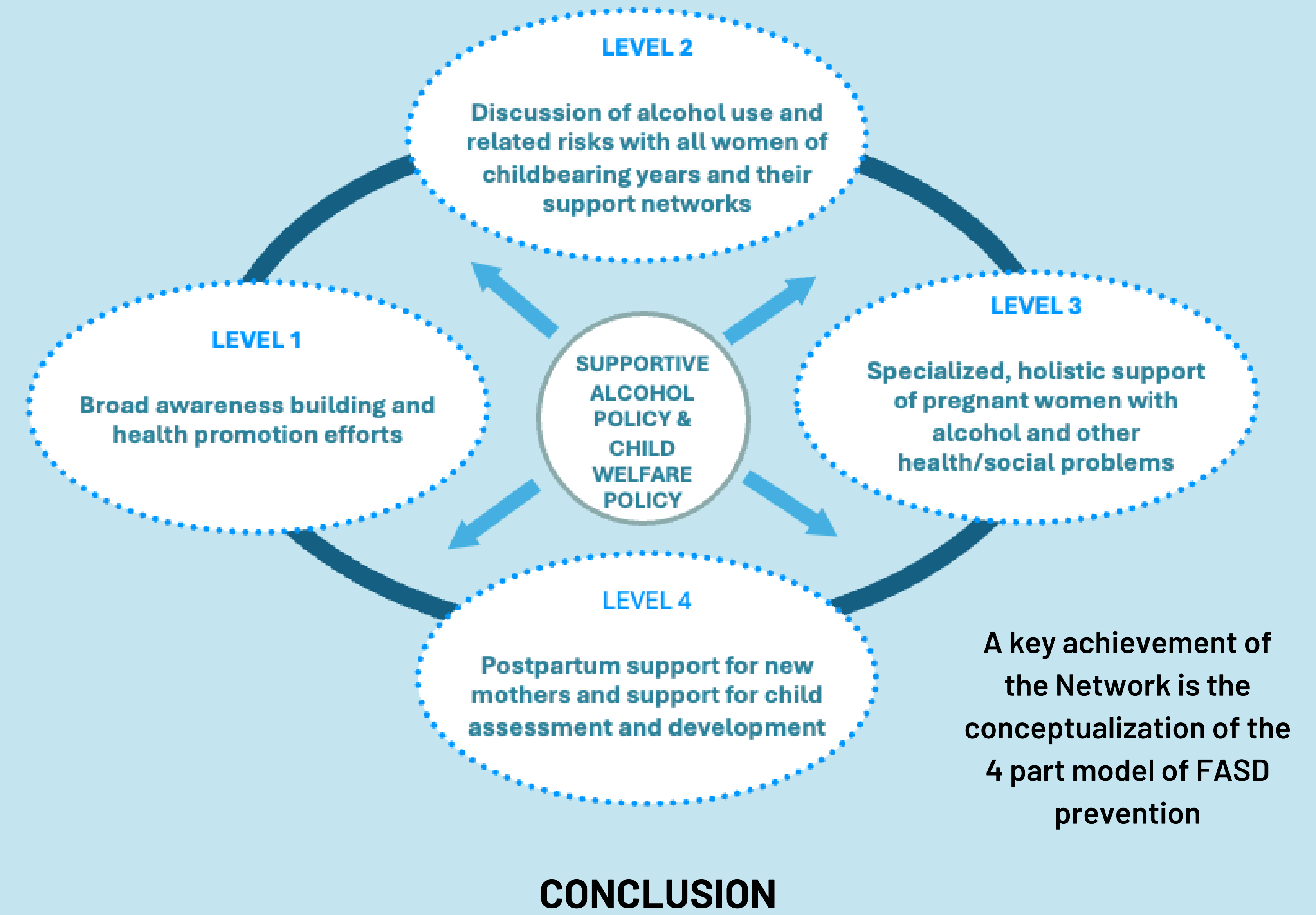
METHODS

The Network has met monthly in a virtual meeting for over a decade.

At each meeting participants:

- share information about their work on FASD prevention with each other
- discuss needed advances in policy and practice
- learn about current awareness raising efforts, and
- discuss the implications of the findings of a chosen research article.

The Network also posts about FASD prevention efforts in a monthly blog, compiles an annual annotated bibliography of global research on FASD prevention, and undertakes collaborative research and evaluation studies.



CONCLUSION

We find networking to be a powerful tool for sharing, learning, and acting together. We hope other countries find the model and our other contributions useful to their work.

RESULTS

Linkage and Exchange

Our monthly blog posting covers topics such as:

- Community alcohol policy and FASD prevention
- An online course on perinatal substance use and collaborative practice
- Improving access to substance use treatment for pregnant women and new mothers
- Decolonizing perinatal care
- and many other topics



Knowledge Sharing

Annual annotated bibliography:

Each year, pNAT researchers search the academic literature for articles related to alcohol use in pregnancy and FASD prevention. Articles are reviewed for relevancy, identified by topic and country, and the findings are summarized.

This annual literature search is intended to provide an update on the current evidence to those involved in FASD prevention in Canada, to inform practice and policy. The members of the pNAT also have the opportunity to discuss the implications of the findings for their work in monthly web meetings.

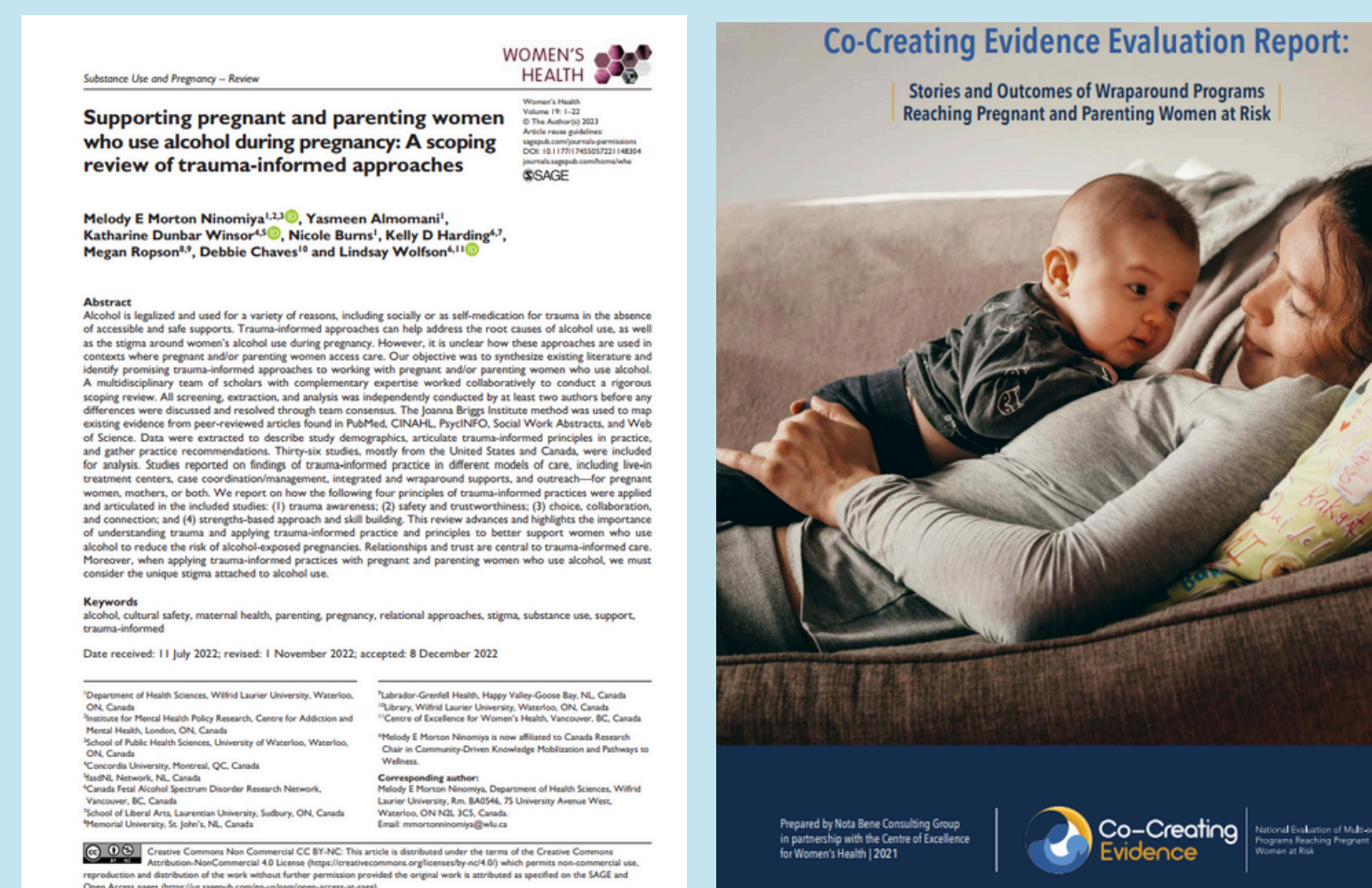
Last year there were 104 articles summarized from 20 countries.



Research and Evaluation

Research on program delivery:

Network members collaborate on research teams and publish articles together on their research. Here is an article published by pNAT members and allies, on trauma informed approaches and a report on a study of outcomes for women served in community based wraparound programming.



Policy and Program Guidance

Canada's Guidance on Alcohol and Health

A pNAT member sat on the Scientific Committee that prepared Canada's Guidance on Alcohol and Health, ensuring that alcohol harms related to preconception, pregnancy, breastfeeding and women's health overall, were attended to.

Senate policy brief to support a National FASD Strategy

This brief advocating for a national FASD Strategy in Canada discusses how a national framework could advance FASD prevention in Canada and highlights how important it is to see FASD prevention as a women's health and social justice issue.



SCAN TO ACCESS THESE RESOURCES