

# Project Update:

Caregiver Approaches, Resiliencies, and Experiences  
Raising Individuals with FASD

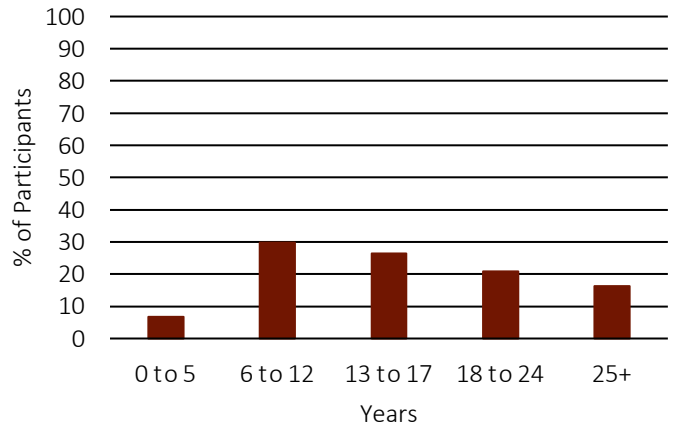
## Perspectives on Life Transitions

### Participant Snapshot

- **249 respondents** as of May 2024
- Average age of **54 years** (range 25 to 82)
- 94% identify as **women**
- Most (59%) are **adoptive parents**; 28% biological parents or other/extended family members; 6% foster parents, and 3% kinship carers
- The majority (68%) of respondents live in **Canada**; 20% live in the US; 5% in Australia
- Caregivers reported on **502 children or adults**



### Age of Individuals Cared For



### Thinking of all the individuals with FASD in your care, have any of them...

Started School

**72%**

Changed Schools

**78%**

Become an Adolescent

**64%**

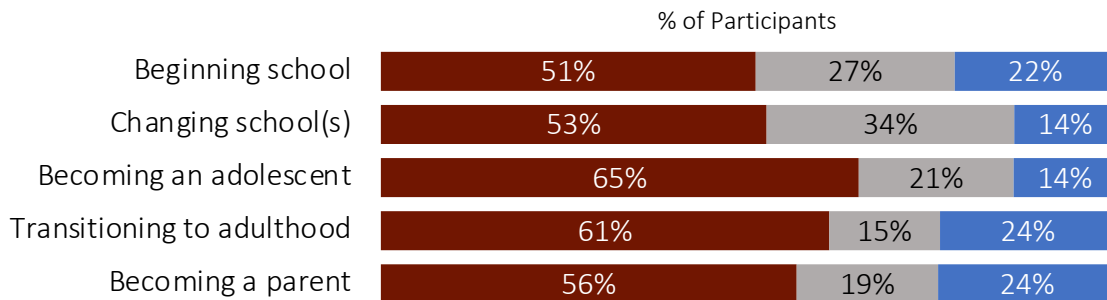
Transitioned to Adulthood

**39%**

Become a Parent

**9%**

## What impacts have these transitions had on you?



**“It is a stressor”** in between **“It is a strength”**

### What worries you?

- What will happen without support
- My loved one being able to have a meaningful life
- Sustainability of support

“As he transitions into a teenager that he will rebel, and we will lose him to negative influences.”

### What do you need?

- Case management
- Accessible services
- Support for older youth/adults
- Help for caregivers
- FASD-informed community

“It would be nice to know what supports are available to him. The world of transitioning is somewhat convoluted.”

THANK YOU to those who have participated in this study!

Email [katy.flannigan@canfasd.ca](mailto:katy.flannigan@canfasd.ca) if you have questions.

**Access and share the survey [HERE](#).**

## Research & Resources

### Relevant Studies

- [State-of-the-Art Review of Transition Planning Tools for Youth With Fetal Alcohol Spectrum Disorder in Canada](#)
- [Transitions into adulthood for people with FASD: A scoping review of promising practices](#)
- [System Kids: Transition-Aged Youth From Foster Care to Developmental Services](#)

### Other Resources

- **Webinar:** <https://canfasd.ca/2024/02/09/new-webinar-transitioning-into-adulthood-with-fasd/>
- **Toolkit:** <https://lcfasd.com/wp-content/uploads/2017/09/Transitioning-Youth-to-Adulthood-Final-REport-2.pdf>