

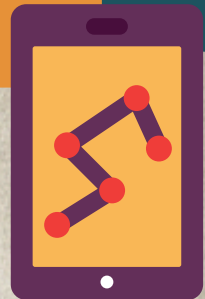
# FASD and Mental Health & Addictions

## Summary of Findings from a Qualitative Investigation

### Pathways to Care

#### Barriers

#### Enablers



#### Access & Navigation Challenges

- Siloed services
- Difficult intake & process
- Limited/Restricted services

#### FASD-Informed Care

- Long-Term
- Wrap-Around services
- Understanding of FASD
- An Invested Advocate
  - No such thing as "non-compliance"

#### Stigma

#### Prevention Focus

#### Crisis as an Entry Point

- Justice System
- Emergency

- Family support
- Proactive services
- Wellness maintenance