FASD and Mental Health & Addictions
Summary of Findings from a Qualitative Investigation

Pathways to Care

Access & Navigation Challenges
- Siloed services
- Difficult intake & process
- Limited/Restricted services

Stigma

Crisis as an Entry Point
- Justice System
- Emergency

Barriers

FASD-Informed Care
- Long-Term
- Wrap-Around services
- Understanding of FASD
- An Invested Advocate
- No such thing as "non-compliance"

Enablers

Prevention Focus
- Family support
- Proactive services
- Wellness maintenance

Mela & Anderson, 2018